

LOOK AFTER YOURSELF BETTER BY FINDING OUT MORE ABOUT YOUR CONDITION



**MORE THAN 200 SHORT FILMS ABOUT DIABETES,
HEART FAILURE, DEMENTIA, COPD, BACK PAIN
AND WEIGHT MANAGEMENT SURGERY**

How to get started

1. Go to livewellcampaign.co.uk
2. Follow the link to The Sound Doctor and enter the information required.